

FOCUS ON FREE-MOTION MACHINE QUILTING (FMQ 1)

Instructor: Glenda Correll Phone: (541)461-0407

This is a beginning free-motion machine class where you will learn to master your sewing machine as you “teach” it to follow your lead. Free-motion quilting is absolutely wonderful for finishing quilts or decorating wearable art, plus this class can be considered an introduction to one of the methods used in thread painting. Stitches and ideas for using this method are endless, so let your imagination go. Intermediate sewing skills are suggested.

Supplies:

- ___ *Sewing machine with manual, plus extension table, if you have one
- ___ *General sewing supplies (scissors, etc.)
- ___ *Machine Quilting Gloves (Machingers are great – see Paramount)
- ___ *Blue wash out marking pen
- ___ *5 or 6 medium sized Safety Pins
- ___ *Extra machine needles, size 90 (we will use several in class)
- ___ *A darning foot (or free-motion embroidery foot. See note below.
- ___ Optional - a cushion/pillow to sit on to raise your seating level to the table height

Thread:

- ___ *1 spool vibrant colored sewing machine thread (bright red, bright blue, etc)
- ___ *1 spool white or beige sewing thread
- ___ *1 bobbin filled with the white or beige sewing thread

Fabrics:

- ___ 1 yard plain(solid) white or off-white cotton fabric such as muslin, cut into 4 equal pieces approximately 18” x 22” each
- ___ 1/2 yard thin Batting such as Warm and Natural(easiest to work with), cut into 4 pieces approximately 10” x 18” each

Note:

This class requires the use of a “darning foot” or “free-motion embroidery foot” for your machine. It **CANNOT** be done without this foot. If you do not have one for your machine, check with Paramount. Additionally, if you do not know how to lower the “feed dogs” on your machine, check your machine manual or ask Paramount to help you. If the feed dogs cannot be lowered, do not worry, you will still be able to do free-motion.

Pre-class Instructions

Please have your fabric and batting cut to the sizes noted above before coming to class, as we will begin sewing immediately.

Supplies Paramount may stock are marked with an asterisk*

Paramount Sewing & Vacuum

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Registration Policy & Information for All Classes — PLEASE READ

For everyone's comfort and health, our classroom is a **fragrance-free zone**.

Class fees are due when you register for a class.

Classes not meeting minimum enrollment will be canceled one week in advance of the class date. If we must cancel the class for that or any other reason, we will refund your fees. We will call you if the class is cancelled.

If you need to cancel a class, **refunds will be given only if you call and cancel at least 7 days prior to the class**. You are welcome to send a friend in your place if you cannot attend, but we will be unable to refund the tuition.

For their safety, we cannot allow children to attend an adult sewing class with you.

Make sure you get a **supply list** for each class when you pay for your class. You can also find them on our website: **www.paramount-sew-vac.com**. You will receive a 10% discount on any **specified class supplies** you purchase at Paramount - just be sure to tell us the name of the class you are taking.

To comply with U.S. copyright laws, if an instructor specifies a book, embroidery card, embroidery CD or design for the class, each student must own their own copy.

If you'd like to use one of our machines for a class, just let us know a day or two before the class. This is a great way to "test drive" a new machine.

We design our classes to accommodate all levels of sewing skills, beginning to advanced — if you have any questions about a class, please do not hesitate to ask.

For all-day classes, you will have a lunch break. You may bring a lunch (we have a refrigerator & microwave) or you can purchase lunch nearby.

When you take a class at Paramount, we intend to teach you the basic concepts for the class. Our goal is to provide you ample time to grasp the concepts and do part of the project. The time allowed may not be enough to finish the entire project, but you will have the knowledge needed to complete it very successfully.

We look forward to sewing with you soon.